



Morning Menu

- Fresh from the Fetting's** 10
 Poached eggs with bacon, toast and jam
- Breakfast Burrito** 9
 Scrambled Eggs with Salsa, Bacon and Cheddar cheese. Served with Balsamic Tossed Greens
- Waffle** 8
 A golden fluffy Belgian waffle served with Berry Compote, Coconut Whip & Real Maple Syrup.
- Protein Waffle** 9
 Ground flaxseed, Oat flour, chia seeds make a great power packed foundation to fuel your morning. Topped with a dollop of Peanut butter and real maple syrup
- Avocado Toast** 10
 Smashed Avocado with Aleppo pepper flakes, sea salt and a Poached egg on toasted farm bread
- Toast & Jam** 2
- Protein Add Ons** 2.25
 Add on - 2 slices Bacon or 2 Sausage Links \$2.25 to any Morning Menu Item
- Breakfast Sandwich** 12
 We start with a made from scratch Thyme & Honey Biscuit and a sharp cheddar topped fried egg. You choose either bacon or Sausage. Served with Balsamic greens.

Soups & Salads

- Grandmas Garden** 10
 Fresh Greens, Tomato, Red Onion, Broccoli Choice of Vinaigrette or Ranch dressing
 + Chicken Breast 3 + Shrimp 4
- Fireside Flannel** 13
 This one will make your tummy all cozy inside with a bit of a kick a fresh bed of lettuce, topped with chicken breast, Sweet & Spicy Toasted pecans, dried cranberries, caramelized bacon, cinnamon apples, bleu cheese, served with a Maple Cider Vinaigrette
- Hearty Harvest PB** 12
 Power Bowl! We start with a layer of protein packed quinoa and top it with a seasonal roasted veggie combo of Brussels Sprouts, sweet potatoes, red onion and peppers. Finished with a drizzle of Maple Dijon Dressing and Pepitas.

Soup of the Season

Spicy Pumpkin Corn Chowder

Soup of the week - call us to see what we are cookin' up!

Soups Cup Bowl
 3.75 4.75

Served with a hunk of Farm Bread

Sandwiches/Wraps & Paninis

Served with your choice of Kettle Chips with House made French Onion Dip, Bistro Salad or Sweet Potato Puffs with Chipotle Aioli & Honey Mustard

- Chicken Salad** 12
 Sandwich or Wrap - Cookin' Up A Storm's Signature Chicken Salad served on our 7 Grain Sandwich Bread or Hearty Grains Wrap
- Buffalo Chicken Wrap** 12
 Shredded Buffalo flavored chicken combined with a carrot-celery chop, romaine lettuce, blue cheese crumbles and buffalo ranch
- Kids @ Heart** 8
 Choose from a grilled Cheese or Classic PB&J, served with applesauce and Chips.
- Orchard Hog Panini** 13
 Soo-ey!!!! Piled high with Maple aioli, Ham, Granny Smith slices and Sharp Cheddar, this one's a WINNER.
- Turkey Club Panini** 13
 Turkey breast, tomato, bacon, Swiss cheese and avocado aioli.
- Gourmet Grilled Cheese** 13
 Loaded with Mozzarella, provolone, spinach and tomato.

The Wicked Beast Bowl

16

Layers: Corn bread, pulled pork, smoked brisket, baked beans, red onion, jalapenos, BBQ Sauce and co-jack cheese. Tame the Wicked Beast??

Parmesan Truffle Fries

9

Served w/Parmesan Lime Aioli big enough to share but we won't tell if you don't!!

Cheesy Pizza Bread

10

Our fresh baked French bread topped with house made Marinara sauce and smothered in 3 different cheeses. A perfect little snack!

Quiche Plate

9

Enjoy a slice of made from scratch quiche (flavors change daily) and balsamic tossed greens

Chicken Alfredo

13

Made from scratch silky Alfredo Sauce served on a bed of Fettuccine Noodles and served with balsamic tossed greens and fresh baked bread.

Steak Strips and Smashers

15

Seasoned Steak strips with Garlic Smashed Potatoes and Balsamic Tossed Greens and fresh baked bread

